

Lost

32 count, 2 wall, beginner/intermediate level
Choreographer: Moses Bourassa Jr. & Barbara
Frechette (USA) March 2007
Choreographed to: Lost by Brushwood

Start on Vocals

Syncopated Vine to the Left

- 1-2 step left to left side, step right behind left
- 3-4 step left to right side, cross right over left
- 5-6 rock left to left side, recover on right
- 7&8 cross left over right, step quickly with right to right side, cross left over right

Syncopated Vine to the right

- 1-2 step right to right side, step left behind right
- 3-4 step right to right side, cross left over right
- 5-6 rock right to right side, recover on left
- 7&8 cross right over left, step quick with left to left side, cross right over left

Forward Step, 1/2 CW Turn, 1/2 CW Turning Shuffle, Rock Step, Recover, 1/2 CCW Turning Shuffle

- 1-2 step forward on left, step right making 1/2 CW Turn
- 3&4 step left making 1/4 CW Turn, step right making 1/4 CW Turn, step forward on left
- 5-6 rock back on right, recover on left
- 7&8 step right making 1/4 CCW Turn, step left making 1/4 CCW Turn, step back on right

Rock, Recover, Forward Shuffle, Coaster Step

- 1-2 rock back on left, recover on right
- 3&4 shuffle forward left, right, left
- 5-6 rock forward on right, recover on left
- 7&8 step back on right, step back on left, step forward on right

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